

Life Skills Training for Persons with Traumatic Brain Injury

Age Requirements

No Age Requirement

Family

No

Intake Contact Email

mtalbot@nrrf.us

Intake Process

Please call or email for more information

Intake Contact Telephone

(703) 521-6966

Self Refer

Yes

National Rehabilitation and Rediscovery Foundation, Inc.

<http://www.nrrf.us/>

<http://nrrf.us/Life-Skills-Training.php>

Main

(703) 521-6966

P O Box 41226

22204 VA

United States

Languages Spoken

English

National Rehabilitation and Rediscovery Foundation is a non-profit community based organization dedicated to improving the quality of life for people with brain injuries and other neurological disabilities.

Life Skills Training provides training to develop functional strategies and skills to compensate for cognitive deficits post Traumatic Brain Injury (TBI). Strategies and

techniques are developed, rehearsed and implemented into a person's life to live and work independently within the community setting. Life skills areas may include organization, time and money management, meal planning and preparation, daily living, social skills and pre-vocational skills.

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

,

Loudoun County

,

Manassas City

,

Manassas Park City

,

Prince William County