

## **Fitness Center, Spring Hill RECenter**

Age Requirements

No Age Requirement

Family

Yes

Intake Process

Call the office; visit the website. Complete membership application

Report Problems

Call the Agency

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Send an Email

Self Refer

Yes

Fairfax County Park Authority

<https://www.fairfaxcounty.gov/parks/>

<https://www.fairfaxcounty.gov/parks/reccenter/spring-hill>

<https://www.facebook.com/fairfaxcountyparks>

Main

(703) 827-0989

Spring Hill RecCenter

1239 Spring Hill Road

22102 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Pool hours are different. Call or visit the website for pool hours Monday through Sunday, and class times.

Fee Structure

Membership Fee  
Payment Method(s)  
Private Pay  
Languages Spoken  
English

The Fairfax County Park Authority offers the Spring Hill RECenter for members to take advantage of a 25-meter swimming pool (with options for zero-depth entry and deep-water stairs), saunas, racquetball/walleyball courts, multi-purpose rooms, Pilates and mind-body studios, Fitness Center, gymnasium, elevated indoor walking track, and more. A wide-variety of fitness, recreation, and aquatic classes are available as well as programs and camps for youth.

Personal Training is available.

The Center is accessible according to ADA guidelines with curb ramps, automatic doors, ample parking, an elevator, and wheelchair-accessible unisex bathrooms.

Other language includes Farsi during select hours.

Service Area(s)  
Fairfax City  
,  
Fairfax County  
,  
Falls Church City  
Email  
[parkmail@fairfaxcounty.gov](mailto:parkmail@fairfaxcounty.gov)