

## Instruction in Independent Living Skills

Age Requirements

18 and over

Other Eligibility Criteria

Adults

Family

No

Intake Contact Email

info@clb.org

Self Refer

Yes

Columbia Lighthouse for the Blind

<http://www.clb.org>

Main

(202) 454-6400

1825 K Street NW

Suite 1103

20006 DC

United States

Languages Spoken

English

Columbia Lighthouse for the Blind offers adult services programs to include instruction in independent living skills. Services include teaching of alternative techniques for banking, shopping, cooking, computer skills, Braille, labeling and identifying personal items.

Also provided are classes in orientation and mobility training which includes instruction in using a white cane.

Low vision evaluations take place in Maryland and DC. Bus Line: Metrobus.

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

,

Loudoun County

,

Prince William County

,

Statewide