

Water Aerobics

Age Requirements

No Age Requirement

Other Eligibility Criteria

Some classes will have age restrictions.

Intake Contact

Teo Albu

Intake Contact Email

teo.albu@thej.org

Intake Process

Please call or visit website for more information.

Self Refer

Yes

Jewish Community Center of Northern Virginia

<http://www.jccnv.org/>

<https://www.jccnv.org/aquatics-center/aquatic-center/>

Main

(703) 323-0880

TTY/TTD

(703) 323-7937

8900 Little River Turnpike

22031 VA

United States

Languages Spoken

English

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Spanish

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Multi-Lingual

Jewish Community Center of Northern Virginia offers aquatic programs and water classes. Participants learn how to use the buoyancy and water to create the perfect exercise. A variety of classes are offered for ages, styles, and recreation.

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Falls Church City

,

Loudoun County