

## **Fitness, Parks and Recreation**

Age Requirements

No Age Requirement

Family

No

Intake Contact Email

mdees@galaxva.com

Intake Process

Call, visit the website

Provider Refer

Yes

Self Refer

Yes

Galax Parks and Recreation

<https://www.galaxparks-rec.com>

Main

(276) 236-3218

601 South Main Street

PO Box 837

24333 VA

United States

Payment Method(s)

Private Pay

Languages Spoken

English

Galax Parks and Recreation Department develops and administers recreation programs for residents of Galax. Youth and adult sports are offered, as well as aquatic programs.

The Galax Recreation Center has an indoor pool and an outdoor pool which offer

recreational swimming (including Arthritis aquatic exercise), aquacise and water safety classes. A multipurpose gymnasium is available for classes, dry land exercises, weight room, and rental.

Internet Access Stations are available Monday-Friday 6:00 AM to 8:30 PM and Saturday - Sunday 1 PM to 5 PM. Sign in for user times.

A Skate Park is located at the corner of Bartlett and Main Streets with hours of 8 AM to dark everyday. A limited amount of safety equipment is available for check-out.

[Visit Parks and Facilities](#) for a list of parks and playground and recreation centers.

[Visit Senior Programs](#) for current brochure.

[Visit Aquatics](#) for pool information and classes.

Service Area(s)

Carroll County

,

Galax City

,

Grayson County