

# Free Recreational Programs for Kids and Young Adults with Developmental and/or Physical Disabilities

## Other Eligibility Criteria

Young people age 5-25 with developmental disabilities or physical disability.

Family

No

Intake Process

Call the office and visit the website.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

KEEN Greater DC

<http://www.keengreaterdc.org/>

<https://www.keengreaterdc.org/programs>

<https://www.facebook.com/KEENGreaterDC/?v=wall>

Main

(301) 770-3200

PO Box 341590

20827 MD

United States

Fee Structure

No Fee

Languages Spoken

English

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Spanish

Kids Enjoy Exercise Now (KEEN) Greater DC is a nonprofit volunteer-led organization that provides one-to-one recreational opportunities for children and young adults with developmental and physical disabilities at no cost to their families and caregivers.

KEEN's mission is to foster the self-esteem, confidence, skills, and talents of its athletes through non-competitive activities, allowing young people facing even the most significant challenges to meet their individual goals.

To learn more about KEEN and the programs that are offered please view [Programs](#)

Service Area(s)

Alexandria City

,

Fairfax City

,

Fairfax County

,

Falls Church City

Email

[info@keengreaterdc.org](mailto:info@keengreaterdc.org)