## Hampton Roads Survivors of Suicide (S.O.S.)

Age Requirements No Age Requirement Available 24/7 Yes Family No Intake Process Contact Chris Gilchrist at 757-483-5111 for information about the group and to register to attend. **Provider Refer** Yes **Report Problems** Call the Agency Self Refer Yes Bon Secours Maryview Medical Center https://www.bonsecours.com/locations/hospitals-medical-centers/hamptonroads/bo... https://www.facebook.com/BonSecoursHealthSystem/ https://twitter.com/BonSecours Main (757) 483-5111 Toll-Free (800) 445-4477 4811 High Street West St Andrew Lutheran Church 23703 VA **United States** Fee Structure Fee Range Payment Method(s) Private Pay ,

Private Insurance Languages Spoken English

Hampton Roads Survivors of Suicide Support Group is a support group designed to help family and friends who have lost a loved one to suicide to cope with the sorrow of their tragedy and to heal in healthy, life giving ways.

The S.O.S. group offers you a chance to be with individuals who have been through the same thing. You can talk about your situation, share feelings and resources and get support through fellowship and understanding.

There is no charge. The group is sponsored by Mayrview Behavioral Medicine Center and meets currently every 3rd Wednesday from 7 pm until 9 pm at St. Andrew Lutheran Church, 4811 High Street West, Portsmouth, Virginia. Time and place may vary.

Chris Gilchrist, LCSW, is the facilitator. Call her at 757-483-5111 for more information or to register before attending.

Service Area(s) Portsmouth City