

## **Eye Movement Desensitization and Reprocessing (EMDR) Services**

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Family

No

Intake Process

Call the Service Enrollment Unit for an assessment.

Intake Contact Telephone

(855) 426-5263

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

165

Report Problems

Call the Agency

Residency Requirements

Serves Abingdon, Bristol and Washington County in Virginia.

Self Refer

Yes

Highlands Community Services

<http://highlandscsb.org>

<http://highlandscsb.org/outpatient-emdr-services/>

Main

(276) 525-1550

Toll-Free

(855) 426-5263  
Phone Emergency  
(866) 589-0269

608 Campus Drive  
24210 VA  
United States

Monday: 8:30 am-5:00 pm

Tuesday: 8:30 am-5:00 pm

Wednesday: 8:30 am-5:00 pm

Thursday: 8:30 am-5:00 pm

Friday: 8:30 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Emergency crisis services are available 24 hours per day, every day.

Fee Structure

Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

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Medicare

,

Tricare

Languages Spoken

English

Highlands Community Services' offers Eye Movement Desensitization and Reprocessing (EMDR) Services, a unique therapy opportunity because it allows consumers to receive effective treatment without being required to share the details of their story with their therapist. Although talking through one's story is an option, it is not a requirement. EMDR can help with anxiety, depression, phobias, panic attacks, disturbing memories, physical and sexual abuse and more.

## Crisis Telephone Contacts:

Monday through Friday from 8:30am-5:00pm: Call (276) 525-1550;

After Hours, Holidays, and Weekends: Call (276) 645-7400 for Central Dispatch in Bristol or (276) 676-6277 for Central Dispatch in Washington County;

Life Threatening Emergency: Call 911.

## Service Area(s)

Abingdon City

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Bristol City

,

Washington County