

## **Life Skills for Adults**

Age Requirements

18 and over

Available 24/7

No

Family

No

Intake Contact Email

LSY@humankind.org

Intake Process

Call for information.

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Self Refer

Yes

HumanKind

<https://www.humankind.org/>

<https://www.humankind.org/developmental-disabilities/>

<https://www.facebook.com/HumanKindVA/>

@HumanKindVA

Main

(434) 384-3131

150 Linden Avenue

24503 VA

United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Fee Range

Payment Method(s)

Private Pay

Languages Spoken

English

HumanKind, formerly Presbyterian Homes & Family, offers Life Skills for Adults with intellectual disabilities. The program teaches the necessary skills to build a better future through skills that are taught in the classroom and manufactured with "real life" situations in mind. Students engage in fun, hands-on activities. This program encourages open dialogue about self-image, decision making, online safety, and conflict resolution.

For more information, call (434) 384-3131 x3673 or email [LSY@humankind.org](mailto:LSY@humankind.org).

At HumanKind, we have five focus areas:

Safe & Healthy Living--Our programs empower families to become healthy and successful. Parents learn necessary skills to prevent child abuse and neglect, to be happy and more self-sufficient and to build a bright future.

- Family Partnership
- Parenting Classes
- Life Skills for Youth
- Life Skills for Adults
- Permanent Supportive Housing

Residential Care--With group homes across Virginia, more than 70 adults with intellectual disabilities are leading productive and meaningful lives in our care. We also provide safe and loving foster homes for children with identified emotional or

behavioral challenges.

- Adult-Supervised Living
- Adult Group Homes
- Adult Sponsored Homes
- Therapeutic Foster Care for Children

Early Childhood Development--Our programs are helping children thrive today while preparing them for success tomorrow.

- Child Care Resource Center
- Family-Education Partnership
- Healthy Families
- Little Wings Preschool

Mental Health Services--Programs under the Mental Health Services umbrella help children, teens, and adults overcome emotional and psychological challenges while keeping families together.

- Counseling Center
- Family Coaching
- Intensive In-Home Service
- Mental Health Skill-Building

Economic Empowerment--Our programs help people reduce debt, repair credit, establish financial stability, increase self-sufficiency and advance career and educational opportunities.

- Ways to Work

- Financial Opportunity Center (FOC)

Service Area(s)

Amherst County

,

Appomattox County

,

Bedford County

,

Campbell County

,

Lynchburg City

Email

[LSY@humankind.org](mailto:LSY@humankind.org)