

Parkinsons Dance Class

Date and Time

Weekly on Wednesday at 10:00am until Wednesday 5/31/2017

Event URL

[Richmond Parkinsons Dance Project](#)

Event Region

Richmond Area

Event Type

Social event

RSVP Info

dance@simplyballroomva.com

Event Cost

\$0.00

Event Description

Richmond Parkinsons Dance Project. Free Weekly class is offered to individuals with Parkinson's or similar condition. Class meets at Simply Ballroom Dance Studio, 3549 Courthouse Road, North Chesterfield, VA 23236 (Rockwood Plaza Shopping Center), corner of Hull Street Road and Courthouse Road. Time: Wednesdays from 11 am until 12 Noon. Cost: Free. You can call 804-276-3343 for more information or email dance@simplyballroomva.com. Program engages minds and bodies and creates an enjoyable social environment as it addresses PD-specific concerns as flexibility, coordination, isolation and depression.