Outpatient Substance Use Program, Adolescents

Age Requirements 13-21 Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Serves adolescents age 14 through 17 and their parents. Family Yes Intake Process Visit the website for information. Call for an assessment. Admission forms are available on the website. Intake Contact Telephone (804) 727-8515 **Provider Refer** Yes **Oualifications** Qualification Type Licensure **Qualification Entity** Virginia Department of Behavioral Health and Developmental Services (DBHDS) **Qualification Number** 099 **Report Problems** Call the Agency **Residency Requirements** Serves residents of and people located in Henrico, Charles City and New Kent counties. Self Refer Yes Henrico Area Mental Health and Developmental Services https://henrico.us/mhds/ http://henrico.us/services/adolescent-services/

https://www.facebook.com/henricova Main (804) 727-8500 Phone Emergency (804) 727-8484 TTY/TTD (804) 727-8496 Woodman Road Center 10299 Woodman Road 23060 VA **United States** Monday: 8:30 am-5:00 pm Tuesday: 8:30 am-5:00 pm Wednesday: 8:30 am-5:00 pm Thursday: 8:30 am-5:00 pm Friday: 8:30 am-5:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments Emergency crisis services are available 24 hours per day, every day. Fee Structure Sliding Scale Fee Call for Information Payment Method(s) **Private Pay** Private Insurance

Medicaid

FAPT Languages Spoken English

Call if translation is needed

Henrico Area Mental Health and Developmental Services (HAMHDS) uses a Recovery Based Model in providing substance use education, individual, family and group treatment.

HAMHDS offers two psycho-educational groups for youth who are experiencing substance use problems. These groups include the involvement of at least one parent and include Motivational Enhancement Therapy. This approach honors the stage of change that each youth may be in at the time of treatment. Along with their parents , adolescents learn about the disease model/ addiction and the impact of various substances on their developing brain. These two groups are:

- Court Alternative Program [CAP] is a group for court ordered youth. This group provides substance use education to adolescents and their parents over four group sessions. These groups provide education about addiction, the impact of substances on the developing brain and introduces the Stages of Change model and Motivational Enhancement Therapy. This evidence based practice encourages adolescents to self evaluate and consider options for reducing or discontinuing their use of substances.
- The Path group is a treatment group for youth and their parents. Attendance can be on a voluntarily basis or by court order. This group meets once a week for six weeks. Adolescents and their parent(s) are introduced to Motivational Enhancement Therapy to help adolescents evaluate their substance use and reduce or discontinue their use or abuse of substances. The Path group can be repeated for an additional six weeks given the needs of the individual adolescent and it can be followed up by individual out-patient substance use therapy.

Services may be available at several locations.

Charles City and New Kent Counties: Intake: (804)727-8970, Emergency: (877)264-8484.

Service Area(s) Charles City County

Henrico County

New Kent County