

Boost

Age Requirements

18 and over

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves individuals who receive services through the Region Ten Community Services Board.

Intake Process

Call for an intake and assessment appointment.

Intake Contact Telephone

(434) 972-1800

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

173

Report Problems

Call the Agency

Self Refer

Yes

Region Ten Community Services Board

<http://regionten.org>

<http://regionten.org/service/boost>

Main

(434) 972-1800

Toll-Free

(866) 694-1605

Phone Emergency

(434) 972-1800

800 Preston Avenue

22903 VA

United States

Monday: 8:00 am-6:00 pm

Tuesday: 8:00 am-6:00 pm

Wednesday: 8:00 am-6:00 pm

Thursday: 8:00 am-6:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Emergency Services are available 24 hours per day, 365 days per year.

Fee Structure

Sliding Scale Fee

,

Call for Information

Languages Spoken

English

,

Call if translation is needed

Region Ten Community Services Board's (RTCSB) Boost is a wellness service for Region Ten consumers interested in:

- improving health,
- managing stress,
- increasing movement,
- learning about healthy eating,
- working on eliminating bad habits such as smoking.

Interested consumers will be screened for this service which is available during normal work week hours.

Service Area(s)

Albemarle County

,

Charlottesville City

,
Fluvanna County

,
Greene County

,
Louisa County

,
Nelson County