

## Therapeutic Day Treatment, Fredericksburg

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves school-aged children and adolescents with emotional or behavioral health needs.

Family

Yes

Intake Process

Call for an assessment.

Intake Contact Telephone

(540) 710-5810

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

158

Report Problems

Call the Agency

Self Refer

Yes

Family Preservation Services, Fredericksburg Regional Office

<https://fpscorp.com/home-based-services/>

<https://fpscorp.com/school-based-services/>

Main

(540) 710-5810

615 Jerfferson Davis Highway, Suite 101  
22401 VA  
United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Program hours vary per school setting.

Fee Structure

Call for Information

Payment Method(s)

Medicaid

Languages Spoken

English

,

Call if translation is needed

Therapeutic Day Treatment is a program that provides a combination of therapeutic services and evaluation within the traditional school setting to students exhibiting emotional and behavioral concerns that hinder their ability to function successfully in the school environment.

Therapeutic Day Treatment provides each of these services in balance with the youth's needs:

- Group therapy (problem-solving, anger management, impulse control, etc.);
- Case coordination and collaboration with families, schools and community partners;
- Prosocial skills development to enhance social and interpersonal skills;
- Medication education and management;
- Individual and family psychotherapy;
- Daily behavior modification;

- Crisis treatment;
- Direct time spent in the classroom with the child.

Family Preservation Services (FPS) also offers a Therapeutic Day Treatment Summer Program devoted to maintaining, sustaining and increasing the prosocial skills learned by students during the school year. The continued mental health needs of these students are addressed through recreation, art, music and drama. Community outings are provided as clinically necessary to enhance individual treatment.

Service Area(s)

Caroline County

,

Culpeper County

,

Fredericksburg City

,

King George County

,

Prince William County

,

Spotsylvania County

,

Stafford County

Email

[info@fpscorp.com](mailto:info@fpscorp.com)