

## **Transportation Options for Older Adults and People with Disabilities**

Access to reliable transportation is a key to health and quality of life. People often look to family and friends to assist with transportation, but this may not always be possible. Community transportation services can meet this need.

The National Association of Area Agencies on Aging (n4a), Eldercare Locator, and the National Aging and Disability Transportation Center (NADTC) have collaborated to bring you information on transportation and what to consider when making transportation decisions.

Follow [this link](#) to gain tips and strategies for navigating transportation options in your community.

Article Source

National Association of Area Agencies on Aging

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<https://www.n4a.org>

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