Caring for You, Caring for Me; Falls Church

Date and Time

Weekly on Tuesday at 12:30pm for 5 times

Event URL

Caring for You, Caring for Me Online Registration

Event Region

Northern Virginia

Event Type

Class

RSVP Info

703-324-7577 TTY 711 or

https://www.fairfaxcounty.gov/hscode/EReg/Registration.aspx?groupID=64

Event Cost

$0.00

Event Description

"Caring for You, Caring for Me" is a blend of interactive support and education for caregivers of older adults. This free program focuses on advocacy and care for both the care giver and care recipient. This free 5-week session meets for 2 hours weekly, and focuses on a different module each session. For more information contact Kristin Martin at 703-324-7577, TTY 711. Sessions are every Tuesday 1:30 - 3:30 pm from November 13 - December 11, 2018.