

A Comprehensive Approach to Transition

Members of the Association of University Centers on Disabilities (AUCD) have produced [A Comprehensive Approach to Transition](#) to help people work together to support the self-determined transition of youth to adulthood and community life. Self-determination means that people have a say in the important decisions of their own lives. Transition means moving from one place or stage of life to another. As youth leave school, they face several transitions. These include moving from school to work or more training or education after high school; moving from a family home to community living; and moving from child-oriented health care to adult care. Youth should be able to expect the support they need from family, community, professionals, and agencies to direct their own transitions.