

## **Fitness for Children with Disabilities**

Other Eligibility Criteria

Children ages 3 to 13 with a disability

Intake Process

Call for class information

Provider Refer

Yes

Self Refer

Yes

Stretch-N-Grow

Main

(757) 503-3905

19 Rileys Way

23664 VA

United States

Additional Availability Comments

Call for class times and class sessions

Languages Spoken

English

Youth Fitness LLC d/b/a Stretch-N-Grow offers fitness classes, martial arts programs and other sports events for children with disabilities, ages 3 through 13. Fitness can mean fun.

Call for more information.

Service Area(s)

Chesapeake City

,

Hampton City

,

James City County

,

Newport News City

,

Norfolk City

,

Portsmouth City

,

Suffolk City

,

Virginia Beach City

,

York County