## Ostomy Support Group

Date and Time Monthly on the third Wednesday at 7:30am for 8 times Event Region Richmond Area Event Type Support group Event Cost \$0.00 Event Description

The Ostomy Association of Greater Richmond offers a support group on the 3rd Wednesday of most months (does not meet in July, August or December). Meetings are at Forest Avenue, Henrico Doctors' Hospital. At the support group, you can meet with others who understand the challenges of living with an ostomy, share coping strategies and share encouragement, and gain knowledge. Experts in various medical fields make presentations and answer questions from attendees. Contact Mike Rollston by email <u>agriva@comcast.net</u> or call him at 804-232-1916.