

## **A Parent's Guide to Autism**

A [Parent's Guide to Autism](#) was developed as part of Autism Speaks' series of Family Support Tool Kits to support you and promote a positive future for your child and family during an often challenging time. You are not alone in this journey and this guide is a step toward finding the help you need to travel the road to optimal outcomes for you, your child, and your family.

Sections include: Response to the Diagnosis - Your Role as a Parent - Ten Things a Parent Can Do to Help their Child with Autism - Building a Support Network - Taking Care of Yourself.