

## **Mental Health Skill-Building, Lynchburg**

### Age Requirements

18 and over

Available 24/7

No

### Documents Required

Call for details

### Other Eligibility Criteria

Must have a qualifying mental health diagnosis (psychotic disorder, major depressive disorder-recurrent, or bipolar disorder I or II). If an individual has another disorder (such as, but not limited to post traumatic stress disorder and anxiety disorders) they may meet eligibility requirements if a physician determines it is a significant mental illness. Additional eligibility requirements are available on the website.

### Intake Process

Call for information. Referral forms are available on the website.

### Intake Contact Telephone

(434) 582-1305

### Provider Refer

Yes

### Report Problems

Call the Agency

### Residency Requirements

The service area includes eastern Bedford County.

### Self Refer

Yes

EHS, Embrace Healthy Solutions

<https://ehssupportservices.com>

<https://ehssupportservices.com/ehs-services.html>

<https://www.facebook.com/ehs.roanoke.office/>

[https://twitter.com/ehs\\_embracehs](https://twitter.com/ehs_embracehs)

### Main

(434) 582-1305

17835 Forest Road, Suite A  
24551 VA  
United States

#### Additional Availability Comments

Call for services hours.

#### Fee Structure

Call for Information

#### Languages Spoken

English

EHS provides Mental Health Skill-Building Services to meet the needs associated directly with the mental condition itself and the accompanying issues that go along with a mental health diagnosis.

Clients work with specific clinicians who develop Service Plans tailored to address their specific and unique needs. EHS clinicians support, train and assist clients with:

- keeping psychiatric and medical appointments,
- managing and complying with medication regimens,
- accessing community resources,
- learning basic life skills and independent living skills,
- learning appropriate social skills,
- ending social isolation,
- gaining access to recreational, educational, and vocational opportunities.

#### Service Area(s)

Amherst County

,

Appomattox County

,

Bedford County

,

Campbell County

,

Lynchburg City