

# [Understanding ABLER Accounts](#)

## **ABLE Accounts**

ABLE Accounts are tax-advantaged savings accounts for individuals with disabilities and their families. The [ABLE National Resource Center](#) provides a wide array of resources on ABLE Accounts. Learn about ABLE Accounts, why they are needed, who is eligible, what expenses are allowed, and more.

## **For More Information**

- For answers to ABLE questions, go to [Frequently Asked Questions](#).
- To understand myths about ABLE accounts, read [Debunking ABLE Myths](#).
- To get started with ABLE enrollment, go to [Roadmap to Enrollment](#).

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