

## **Mental Health Skill-Building**

Age Requirements

5-22

,

22-55

,

56-60

,

60+

Intake Contact

Demetria Johnson

Intake Contact Email

demetria@qualityoflifecc.com

Intake Process

Individuals may get referred by their local CSB or can call the office for inquiries.

Intake Contact Telephone

(757) 998-2100

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

2329

Report Problems

Other

Self Refer

Yes

Quality of Life Counseling Center LLC

<https://www.qualityoflifecc.com/>

<https://www.qualityoflifecc.com/services>

Main

(757) 998-2100

2019 Cunningham Drive  
Suite 404  
23666 VA  
United States

Monday: 9:00 am-5:00 pm  
Tuesday: 9:00 am-5:00 pm  
Wednesday: 9:00 am-5:00 pm  
Thursday: 9:00 am-5:00 pm  
Friday: 9:00 am-5:00 pm  
Saturday: Closed  
Sunday: Closed

Fee Structure  
Fixed Fee

,  
Sliding Scale Fee

,  
Call for Information  
Payment Method(s)  
Private Insurance

,  
Long-term Care Medicaid

,  
Medicare  
Languages Spoken  
English

,  
Spanish

Quality of Life Counseling Center LLC offers a mental health skill-building program. These services are for training and support, designed to enable individuals with significant psychiatric functional limitations to achieve and maintain community stability and independence in the most appropriate, least restrictive environment.

Service Area(s)  
Chesapeake City

,  
Hampton City

,  
Newport News City

,  
Norfolk City

,  
Portsmouth City

,  
Suffolk City

,  
Virginia Beach City

,  
Williamsburg City

Email

[qlcc@qualityoflifecc.com](mailto:qlcc@qualityoflifecc.com)