

How to Resolve Stress during COVID-19

Date and Time

Weekly on Friday at 3:30pm for 12 times

Event Type

Support group

RSVP Info

866-232-8484

Event Cost

\$0.00

Event Description

Alzheimer's Foundation of America - AFA - is launching two new telephone-based support groups this week to help Alzheimer's caregivers cope with the challenges caused by the coronavirus pandemic: Support Group for Family Members Whose Loved Ones Reside in a Care Setting During COVID-19 will be held every Wednesday (starting May 6) Time: 3:30 pm - 4:30 pm ET. The second support group is Family Interactions in the Time of COVID-19: How to Resolve Conflicts and Stressors Date: Every Friday (starting May 8) Time: 3:30 pm - 4:30 pm ET Register by calling AFA's Helpline at 866-232-8484 and speaking with a licensed social worker.

Event Image or Sponsor Logo

Image

