

# **Learn More About Your Child's Development**

## **CDC's Milestone Tracker App**

Milestones matter! Track your child's milestones from age 2 months to 5 years with CDC's easy-to-use illustrated checklists; get tips from CDC for encouraging your child's development; and find out what to do if you are ever concerned about how your child is developing.

From birth to age 5, your child should reach milestones in how he or she plays, learns, speaks, acts, and moves. Photos and videos in this app illustrate each milestone and make tracking them for your child easy and fun!

For more information go to [CDC Milestone Tracker](#)

You can download the Milestone Track from the [App Store](#) or [Google Play](#) today!

## **Developmental Monitoring and Screening Fact Sheet**

CDC has an updated fact sheet available with information from the latest guidance from the American Academy of Pediatrics on child developmental monitoring and screening for parents and healthcare providers.

The fact sheet, [Learn More About Your Child's Development: Developmental Monitoring and Screening](#), is now available online – in English and Spanish - for you to print and share with others.

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