

## **Joint Replacement (Pre and Post Operative)**

### **Recovery**

Available 24/7

Yes

Documents Required

Call for details

Intake Process

Call for information. Admissions information is available on the website.

Intake Contact Telephone

(804) 877-4000

Provider Refer

Yes

Report Problems

Call the Agency

Sheltering Arms Institute (SAI)

<https://shelteringarmsinstitute.com/>

<https://shelteringarmsinstitute.com/conditions-services/joint-replacement-pre-a...>

<https://www.facebook.com/ShelteringArmsInstitute/>

[https://twitter.com/SAI\\_Rehab](https://twitter.com/SAI_Rehab)

Main

(804) 877-4000

2000 Wilkes Ridge Drive

23233 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

,

Private Insurance

,

Medicaid

,

Medicare  
Languages Spoken  
English

Sheltering Arms Institute is a state-of-the-science, 114-bed, rehabilitation hospital that blends advanced technology, research, and evidence-based clinical care to create superior outcomes for patients.

Features include:

- 212,063 total square feet,
- All private patient rooms,
- Traumatic brain injury, spinal cord injury, complex care, stroke, and general rehabilitation units,
- 9,251 sq. ft. main therapy gym and three satellite gyms,
- Research, conference, and outdoor space,
- Physician, psychology, and nursing services,
- Physical, occupational, and speech therapy,
- Therapeutic recreation,
- Cutting-edge patient care technology and rehabilitation equipment,
- Chapel and dining room,
- Designated visitor areas.

After joint replacement surgery, physical rehabilitation is an important tool to aid in decreasing discomfort and improving range of motion. Each patient has unique needs, and recovery at Sheltering Arms Institute can greatly benefit patients prior to going home. Sheltering Arms physical and occupational therapists work with many people following joint replacements and recognize the unique challenges of recovery following surgery. A physical therapist can help with exercises to strengthen the muscles around the joint and work on regaining motion in the new joint. An occupational therapist will work on safely conquering the motions necessary to live independently, such as bending and lifting. These clinicians, along with our physicians, provide insight and understanding about your situation and its effects on your daily life.

Service Area(s)  
Statewide