

## **Recreational Therapy**

Available 24/7

Yes

Documents Required

Call for details

Intake Process

Call for information. Admissions information is available on the website.

Intake Contact Telephone

(804) 877-4000

Provider Refer

Yes

Report Problems

Call the Agency

Sheltering Arms Institute (SAI)

<https://shelteringarmsinstitute.com/>

<https://shelteringarmsinstitute.com/conditions-services/recreational-therapy/>

<https://www.facebook.com/ShelteringArmsInstitute/>

[https://twitter.com/SAI\\_Rehab](https://twitter.com/SAI_Rehab)

Main

(804) 877-4000

2000 Wilkes Ridge Drive

23233 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

,

Private Insurance

,

Medicaid

,

Medicare

Languages Spoken

## English

Sheltering Arms Institute is a state-of-the-science, 114-bed, rehabilitation hospital that blends advanced technology, research, and evidence-based clinical care to create superior outcomes for patients.

Features include:

- 212,063 total square feet,
- All private patient rooms,
- Traumatic brain injury, spinal cord injury, complex care, stroke, and general rehabilitation units,
- 9,251 sq. ft. main therapy gym and three satellite gyms,
- Research, conference, and outdoor space,
- Physician, psychology, and nursing services,
- Physical, occupational, and speech therapy,
- Therapeutic recreation,
- Cutting-edge patient care technology and rehabilitation equipment,
- Chapel and dining room,
- Designated visitor areas.

Recreational therapy, commonly referred to as therapeutic recreation, can vary depending on the individual needs of each patient. This type of therapy is used to help individuals with disabilities improve their quality of life. This in turn can help patients become more productive people in their living environments.

Sheltering Arms Institute's methods have been shown to help reduce depression and anxieties with the addition of social activities in a community setting.

Clinicians assist with any mobility issues patients may be experiencing for a more effective therapy session.

Service Area(s)

Statewide