

[Spinal Cord Injury Resources and Factsheets](#)

MSKTC SCI Factsheets

The **Model Systems Knowledge Translation Center (MSKTC)** has developed a series of Spinal Cord Injury (SCI) Factsheets on various topics including adjustment, surgical treatment, skin care, wheelchair use, gait training, respiratory health, safe transfer, employment, driving, and adaptive sports.

To see all of the Spinal Cord Injury factsheets go [SCI Factsheets](#).

Here are a few of the topics you can find:

[Adjusting to Life after Spinal Cord Injury](#)

[Understanding Spinal Cord Injury](#)

[Exercise after Spinal Cord Injury](#)

[Pain after Spinal Cord Injury](#)

For More Information

This document provides evidence-based and consumer-friendly resources and information:

[Resources Offered by the MSKTC To Support Individuals Living With Spinal Cord Injury](#)

The Model Systems Knowledge Translation Center (MSKTC) offers a variety of free resources on spinal cord injury (SCI) to support people with disabilities and their caregivers, researchers, practitioners and clinicians, and policymakers. The following resources are available at www.MSKTC.org/SCI.

- SCI Factsheets
- SCI Slideshows
- SCI Hot Topics Modules
- SCI Quick Research Reviews

- SCI Systematic Reviews
- SCI Research Database

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