

## **Richmond Parkinsons Dance Classes**

Date and Time

Weekly on Wednesday at 11:30am for 12 times

Event URL

<https://www.richmondparkinsonsdanceproject.com/>

Event Region

Richmond Area

Event Type

Class - Workshop

RSVP Info

(804) 276-3343

Event Cost

\$0.00

Event Description

Our Parkinsons Dance Class will resume at Simply Ballroom on Wednesday, October 7th at 11:30am. Open to those with a Parkinsons diagnosis only \*\*Please note the time change - the class will meet at 11:30am and will be a 40 minute class. You must RSVP as we are only allowed 20 people due to spacing restrictions. Please call the studio (804) 276-3343 to reserve your spot. If you cannot make it, please call and cancel no later than 24 hours before class so we may offer your spot to someone else!! \*\*Spouses and caregivers are welcome, if we don't have enough space in the main ballroom, they can sit in the waiting area in the small ballroom. Also Masks must be worn to enter the studio, but you can remove them once you are seated in your chair. If you get up from your chair for any reason (such as to use the restroom or leave class) you must put the mask back on. We are not able to serve refreshments at this time. You will need to leave the class promptly when it is over since we need time to clean and sanitize for the next class. Please adhere to the new guidelines so we can stay open. Please call with any questions (804) 276-3343 and we look forward to seeing you soon!