

## **Free NAMI Peer to Peer Education Program**

Date and Time

Tuesday 2/16/2021 5:00 to 7:00pm

Event URL

[Register](#)

Event Region

Richmond Area

Event Type

Class - Workshop

RSVP Info

[namiroanokevalley@gmail.com](mailto:namiroanokevalley@gmail.com)

Event Cost

\$0.00

Event Description

What is the NAMI Peer-to-Peer Education Program? NAMI Peer-to-Peer is a FREE 8-week class for adults living with mental illness. This peer-facilitated program offers support, hope, respect, education and resources to those living with a mental health diagnosis. Free and confidential; Held once a week for 1.5 hours; Led by peers with mental health conditions; A great resource for information on mental health and recovery. NAMI-Roanoke Valley will offer the Peer-to-Peer education program for the Spring on Tuesdays from 6:00 pm to 8 pm beginning Tuesday, February 16, 2021 and ending April 6th online via ZOOM! Join or register below.

Please include your name and phone number in the email so that the class facilitators may reach you with additional information.