

Alzheimer's Healthy Living Webinars, May

Date and Time

Tuesday 5/18/2021 10:00 to 11:00am

Event URL

[Register Here](#)

Event Region

Statewide

Event Type

Webinar

Event Description

Healthy Living Webinars will be held May 18, June 1st and July 6th The best thing that you can do for someone you love or care for is to care for yourself. Join AARP and the Alzheimer's Association for this series of free unique, interactive virtual events. You can register by calling 800-272-3900 or registering online. Session 1- May 18th: AARP's Brain Health and Healthy Living information and the 10 Warning Signs of Alzheimer's education; Session 2 - June 1st: Healthy Living for Brain and Body fun challenges and trivia. All registered attendees would be entered to win a special AARP Healthy Living Prize; and Session 3- July 6th: Sandwiched: Caregiving from the middle, providing care and support for parents and children at the same time providing effective communication tips. All sessions will be held at 10am-11am on those dates.

For the safety of all attendees, volunteers, staff, and the community ALL sessions will be held in a webinar platform. To receive the information on how to join, please register for each session you are interested in participating in. We look forward to having you join us!

Event Image or Sponsor Logo

Image

