

## Alzheimer's Healthy Living Series, Interactive Virtual, Webinars

Date and Time

Tuesday 5/18/2021 10:00 to 11:00am

Event URL

[Register Here](#)

Event Region

Statewide

Event Type

Class - Workshop

Event Cost

\$0.00

Event Description

The best thing that you can do for someone you love or care for is to care for yourself. Join AARP and the Alzheimer's Association for this series of free unique, interactive virtual events. Session 1 on MAY 18, 2021, 10-11 am, 10 Warning Signs of Alzheimer's and Brain Health. Session 2 on June 1, 2021 from 10-11 am, Healthy Living for Your Brain and Body. Session 3 on July 6 from 10-11 am, Sandwidhed: Caregiving From the Middle. Please register or call 800.272.3900. Login information will be sent to you following registration. For the safety of all attendees, volunteers, staff, and the community ALL sessions will be held in a webinar platform. To receive the information on how to join, please register for each session you are interested in participating in. We look forward to having you join us!

Event Image or Sponsor Logo

Image

**alzheimer's**   
**association**