

## **Bicycle Safety and Education**

Age Requirements

18 and over

Intake Contact Email

swansonka@gmail.com

Intake Process

Visit the website for membership information.

Provider Refer

Yes

Report Problems

Send an Email

Self Refer

Yes

Richmond Area Bicycling Association

<http://www.raba.org>

<https://www.facebook.com/RVABike>

PO Box 6565

23005 VA

United States

Fee Structure

Sliding Scale Fee

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Membership Fee

Payment Method(s)

Credit / Debit

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Private Pay

Languages Spoken

English

Richmond Area Bicycling Association (RABA) offers cyclists of all levels and abilities the opportunity to meet and ride with other cyclists. Bicycle rides of various distances and paces every Wednesday, Saturday, and Sunday year-round, plus

evening rides every Tuesday and Thursday evening April through September.

Club membership includes a monthly newsletter, "The Pedaler", with a ride calendar, club activities and articles; discounts at many Richmond area bicycle shops; monthly meetings to discuss club events and speakers; participation in governmental and charity programs, such as Adopt-A-Highway and the MS Society's Virginia Dare ride.

RABA meetings are held monthly to discuss club events and hear featured speakers on topics such as nutrition, training, travel experiences, repairs, health, and fitness. See the website for dates and times of meetings and email addresses/phone numbers of board members.

Service Area(s)

Chesterfield County

,

Hanover County

,

Richmond City