Mobility Options, Transportation Guidance

Age Requirements 18 and over

60+

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Documents Required Call for details Other Eligibility Criteria Serves older adults age 60 and older. Also serves individuals with disabilities age 18 and older. Intake Process Call for a transportation Assessment to determine needs and eligibility for alternative programs. **Provider Refer** Yes **Report Problems** Call the Agency Send an Email Self Refer Yes Healthy Generations Area Agency on Aging https://healthygenerations.org https://healthygenerations.org/wp-content/uploads/2023/01/HGAAA-Transportation-. . . https://www.facebook.com/RappahannockAreaAgencyonAging/ Main (540) 656-2985 460 Lendall Lane 22405 VA United States Monday: 8:00 am-4:30 pm Tuesday: 8:00 am-4:30 pm Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm Friday: 8:00 am-4:30 pm Saturday: Closed Sunday: Closed Fee Structure Call for Information Languages Spoken English

The Healthy Generations Area Agency on Aging (HGAAA) Mobility Options program, funded in part by the Virginia Department of Rail and Public Transportation, provides transportation education, works to improve transportation accessibility for older adults and individuals with disabilities by educating the community, removing barriers, and expanding options. Mobility Options offers transportation information and referral services, a comprehensive transportation resource guide, complimentary travel training instruction, and door-to-door demand response transportation based on driver availability.

Limited door-to-door transportation to individuals with disabilities and senior citizens in Fredericksburg is available.

Service Area(s) Caroline County

Fredericksburg City

King George County

Spotsylvania County

Stafford County Email info@healthygenerations.org