

## **Mental Health Skill Building**

Age Requirements

22-55

,

56-60

,

60+

Other Eligibility Criteria

DSM diagnosis, serious mental, severe and recurrent disability, functional limitations

Intake Contact

Tiffini Chamblin

Intake Contact Email

tchamblin@breakthruservice.com

Intake Process

Contact them online or via telephone to request services.

Intake Contact Telephone

(571) 232-3691

Provider Refer

No

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

3805

Residency Requirements

Living independently or attempting to find housing

Self Refer

No

BreakThru Services LLC

<https://www.breakthruseservices.com/>

Main

(571) 232-3691

9720 Capital Court  
Suite 400  
20110 VA  
United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Payment Method(s)

Private Insurance

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Medicaid

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CCC+

Languages Spoken

English

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Spanish

BreakThru Services provides Mental Health Community Support Services (MHCSS) and Mental Health Skill-Building Services (MHSS) to clients in the local community. Their MHSS program offers goal-directed training to enable individuals with mental illness to achieve and maintain community stability and independence in the most appropriate, least restrictive environment.

Service Area(s)

Fairfax City

,

Fairfax County

,

Loudoun County

,

Manassas City

,

Manassas Park City

,

Prince William County

,

Stafford County

Email

[info@breakthruserVICES.com](mailto:info@breakthruserVICES.com)