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The Arc's Center for Future Planning has created free decision-making resources for people with intellectual and developmental disabilities (IDD) to help them with daily and major life decisions. This can include decisions about buying things they need, managing a budget, and talking with doctors about their health care.

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[The Arc ~ Digital Literacy Creates Opportunities](#)

Check out the Arc's free digital skills training for people with intellectual and developmental disabilities.

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Partners in Policymaking and Youth Leadership Academy Training Programs

Are you looking for a chance to grow in the new year? The VBPD is now recruiting for Partners in Policymaking (PIP) and Youth Leadership Academy (YLA)!

Source

[Virginia Board for People with Disabilities](#)

Article

Job Accommodation Network (JAN) Situations and Solutions Finder

The Situations and Solutions Finder draws on information collected from JAN customers who choose to provide feedback about workplace accommodations.

Article

AARP Fraud Watch Network Helpline

AARP's Fraud Watch Network™ Helpline is a free resource for AARP members and nonmembers alike. Trained fraud specialists and volunteers field thousands of calls each month. Get guidance you can trust, free of judgment.

Source

[AARP](#)

Article

Supporting Daily and Major Life Decisions

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Source

[The Arc of the United States](#)

Article

PEATC Special Education Resources

Explore PEATC's factsheets and resource documents on important topics related to special education and transition to adulthood.

Source

[Parent Educational Advocacy Training Center \(PEATC\)](#)

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