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The Arc's Center for Future Planning has created free decision-making resources for people with intellectual and developmental disabilities (IDD) to help them with daily and major life decisions. This can include decisions about buying things they need, managing a budget, and talking with doctors about their health care.

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AARP's Fraud Watch Network™ Helpline is a free resource for AARP members and nonmembers alike. Trained fraud specialists and volunteers field thousands of calls each month. Get guidance you can trust, free of judgment.

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Supporting Daily and Major Life Decisions

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This toolkit provides resources and strategies for your employment journey.

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[U.S. Department of Labor](#)

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[Aging, Disability, and the Americans with Disabilities Act](#)

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