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Articles

[**Center for Future Planning**](#)

Future planning is important for all families. Thinking about the future can be challenging and emotional. However, experience shows that adults with I/DD make a better transition from the family home when a future plan is in place.

Source

[The Arc of the United States](#)

Recent Community Articles

Recent Community Articles

Article

[**The Arc ~ Digital Literacy Creates Opportunities**](#)

Check out the Arc's free digital skills training for people with intellectual and developmental disabilities.

Source

[The Arc of the United States](#)

Article

Partners in Policymaking and Youth Leadership Academy Training Programs

Are you looking for a chance to grow in the new year? The VBPD is now recruiting for Partners in Policymaking (PIP) and Youth Leadership Academy (YLA)!

Source

[Virginia Board for People with Disabilities](#)

Article

Job Accommodation Network (JAN) Situations and Solutions Finder

The Situations and Solutions Finder draws on information collected from JAN customers who choose to provide feedback about workplace accommodations.

Article

Make a Plan ~ Emergency Preparedness for Your Family

Make a plan today. Your family may not be together if a disaster strikes, so it is important to know which types of disasters could affect your area.

Source

[Ready.gov](#)

Article

Extreme Heat and Your Health

Take steps to protect yourself from extreme heat. Extreme heat is defined as summertime temperatures that are much hotter and/or humid than average.

Source

[Centers for Disease Control \(CDC\)](#)

Article

What is Ask an Expert?

Not sure where to turn? Let us help guide you! Ask an Expert is an exciting feature that allows you to email us a question so you can receive information, resources, and services to take the next step forward.

Source

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