

Explore Health Topics

[Health Care Settings and Providers](#)

[Healthy Living and Prevention](#)

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Articles

[**Education for Lifelong Health and Mental Health Learning Factsheets**](#)

This series of health factsheets developed by the Florida Center for Inclusive Communities (FCIC) was designed for people with mild intellectual disability. The factsheets provide information and resources about serious health conditions that become more common with increasing age.

Source

[Florida Center for Inclusive Communities \(FCIC\)](#)

Recent Health Articles

Recent Health Articles

Article

[**SNAP Benefits ~ ConnectEBT Lock/Unlock Security Feature**](#)

Learn about the Virginia Department of Social Services (VDSS) new card lock/unlock security feature to protect Supplemental Nutrition Assistance Program (SNAP) benefits.

Source

[Virginia Department of Social Services](#)

Article

How to Age Successfully with Spinal Cord Injury

Learn what to expect when aging with a Spinal Cord Injury (SCI) and learn important strategies and steps to help you stay healthy and active.

Source

[Model Systems Knowledge Translation Center \(MSKTC\)](#)

Article

Healthy, Thrifty Holiday Meals

Make tasty, affordable holiday menus with SNAP-Ed Connection recipes. Explore recipe options for holidays throughout the year!

Article

Disability and Health Healthy Living

People with disabilities need health care and health programs for the same reasons anyone else does—to stay well, active, and a part of the community.

Source

[Centers for Disease Control \(CDC\)](#)

Article

10 Tips for Finding the Right Home Care Agency

If you are pursuing home care options for your family, explore these 10 valuable tips for making informed decisions when it comes to finding the perfect home care agency for your loved ones.

Source

[Today's Caregiver](#)

Article

[How to Prevent Cancer or Find It Early](#)

You can lower your risk of getting many common kinds of cancer by making healthy choices.

Source

[Centers for Disease Control \(CDC\)](#)

More for You

Features

- [Ask an Expert](#)

Staying Connected

- [Centers for Disease Control and Prevention](#)
- [Disability and Health Promotion](#)
- [National Center on Health, Physical Activity, and Disability \(NCHPAD\)](#)

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