

Explore Health Topics

[Health Care Settings and Providers](#)

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Articles

[**Education for Lifelong Health and Mental Health Learning Factsheets**](#)

This series of health factsheets developed by the Florida Center for Inclusive Communities (FCIC) was designed for people with mild intellectual disability. The factsheets provide information and resources about serious health conditions that become more common with increasing age.

Source

[Florida Center for Inclusive Communities \(FCIC\)](#)

Recent Health Articles

Recent Health Articles

Article

[**SUN Bucks \(Summer EBT\)**](#)

SUN Bucks is a new grocery benefit available across most of the U.S. Families with eligible school-aged children can receive help to buy groceries during the summer.

Source

[Department of Social Services](#)

Article

Disability and Health Healthy Living

People with disabilities need health care and health programs for the same reasons anyone else does—to stay well, active, and a part of the community.

Source

[Centers for Disease Control \(CDC\)](#)

Article

10 Tips for Finding the Right Home Care Agency

If you are pursuing home care options for your family, explore these 10 valuable tips for making informed decisions when it comes to finding the perfect home care agency for your loved ones.

Source

[Today's Caregiver](#)

Article

How to Prevent Cancer or Find It Early

You can lower your risk of getting many common kinds of cancer by making healthy choices.

Source

[Centers for Disease Control \(CDC\)](#)

Article

Mindfulness training can boost heart-healthy eating

Meditation and other mindfulness training could help people stick to a healthy eating plan.

Source

[National Institutes of Health](#)

Article

The Dental / Kidney Disease Connection

Good dental care is important for everyone, but especially for people with kidney disease. What might be a minor infection for a healthy person could be a major problem for someone with kidney disease.

Source

[National Kidney Foundation](#)

More for You

Features

- [Ask an Expert](#)

Staying Connected

- [Centers for Disease Control and Prevention](#)
- [Disability and Health Promotion](#)
- [National Center on Health, Physical Activity, and Disability \(NCHPAD\)](#)

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