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[Achieving a Better Life Experience \(ABLE\)](#)

ABLE or ABLEnow is a nationally qualified ABLE savings program offered nationally by the Commonwealth of Virginia. ABLEnow accounts give qualified and enrolled individuals the opportunity to invest and grow savings tax-free, without endangering eligibility for most means-tested benefits.

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[Virginia Department for Aging and Rehabilitative Services](#)

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[How to Interact with Someone Who Has a Disability](#)

Learn appropriate ways to interacting with someone who has a disability and how to help them if needed.

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Social Security Benefits Increase in 2023

Approximately 70 million Americans will see a 8.7% increase in their Social Security benefits and Supplemental Security Income (SSI) payments in 2023.

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[Social Security Administration](#)

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Virginia Medicaid Coverage for Adults

Medicaid has health coverage programs for adults in Virginia who qualify. There are no enrollment costs and no monthly premiums for adults between 19-64 years old who qualify.

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[Cover Virginia](#)

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Cardinal Care: A Program for All Medicaid Members

Virginia Medicaid members will soon be part of Cardinal Care - a single system of care for all of our 2 million members. Cardinal Care will connect members to the care that they need when they need it and reduce transitions between programs as their health care needs evolve.

Source

[Virginia Department of Medical Assistance Services](#)

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[Virtual Advance Care Planning Conversations from Honoring Choices Virginia](#)

Find out about Honoring Choices Virginia's Virtual Advance Care Planning Conversations.

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[PEATC Special Education Resources](#)

Explore PEATC's factsheets and resource documents on important topics related to special education and transition to adulthood.

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[Parent Educational Advocacy Training Center \(PEATC\)](#)

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