

# Brain Injury Association of Virginia ~ Virtual Caregiver Support Group

## Date and Time

Monthly on the first Wednesday at 6:00pm

## Upcoming

- Wednesday 1/1/2025 6:00 to 7:00pm
- Wednesday 2/5/2025 6:00 to 7:00pm
- Wednesday 3/5/2025 6:00 to 7:00pm
- Wednesday 4/2/2025 6:00 to 7:00pm
- Wednesday 5/7/2025 6:00 to 7:00pm
- Wednesday 6/4/2025 6:00 to 7:00pm
- Wednesday 7/2/2025 6:00 to 7:00pm
- Wednesday 8/6/2025 6:00 to 7:00pm
- Wednesday 9/3/2025 6:00 to 7:00pm
- Wednesday 10/1/2025 6:00 to 7:00pm
- Wednesday 11/5/2025 6:00 to 7:00pm

## Event Region

Statewide

## Event Type

Support group

## RSVP Info

To join, contact [info@biav.net](mailto:info@biav.net) or 804-355-5748 ext. 102

## Event Cost

\$0.00

## Event Description

### **For Family Caregivers**

Living with a brain injury can be an isolating experience. But you're not alone. Whether you are an individual living with a brain injury or a family caregiver, attending a support group gives you a safe space to talk to others who truly understand what you're going through.

**Join Us**

Attend any of BIAV's support groups. Receive support, strength, and share your experiences with others in the same position.

Join us on the first Wednesday of every month at 6 pm.

Event Image or Sponsor Logo

Image

