

Intellectual Disability, Other

Services for persons with intellectual disability (ID).

Article

Supporting Daily and Major Life Decisions

The Arc's Center for Future Planning has created free decision-making resources for people with intellectual and developmental disabilities (IDD).

Source

[The Arc of the United States](#)

Article

How to Interact with Someone Who Has a Disability

Learn appropriate ways to interacting with someone who has a disability and how to help them if needed.

Source

[Sheltering Arms](#)

Books & Guides

Emergency Preparedness Toolkit for Young Adults with Intellectual and Developmental Disabilities and their Primary Care Team

Young adults with intellectual and developmental disabilities (ID/DD) and their parents and/or support persons have unique needs during disasters and emergencies which require additional planning. Many look to their primary care teams to assist them in this planning and during such stressful times.

Source

The Arc Virtual Program Library for People with Disabilities

Find online resources through the ARC's Virtual Program Library for people with intellectual and developmental disabilities and their caregivers. This virtual library is a free hub of on-demand activities.

Source

[The Arc of the United States](#)

Links

Easterseals

Source

[Easterseals](#)

Links

The Arc - For people with intellectual and developmental disabilities

Source

[The Arc - For people with intellectual and developmental disabilities](#)

Article

9 Steps to Respite for Family Caregivers of Children and Adults with Intellectual and Developmental Disabilities

If you are a parent or family member providing support to a child or adult with an intellectual or developmental disability, respite services can provide you with a much-needed break away from your caregiving responsibilities.

Source

[ARCH National Respite Network and Resource Center](#)

Article

Virginia Developmental Disability Waiver Redesign

My Life, My Community supports people with developmental disabilities to live, work, play, and thrive in their communities.

Source

[Virginia Department of Behavioral Health and Developmental Services \(DBHDS\)](#)

Links

The Arc of Northern Virginia

Source

[The Arc of Northern Virginia](#)

Article

About Intellectual Disability

This is a basic informational article on intellectual disability.

Source

[Centers for Disease Control \(CDC\)](#)

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