

## **Palliative Care**

Programs that provide for the holistic management of needs of patients with the objective of helping them through relief of suffering and control of symptoms of their progressive illness. The focus of palliative care is on people with incurable and progressive illnesses who are in the early stages.

Article

## **Virtual Advance Care Planning Conversations from Honoring Choices Virginia**

Find out about Honoring Choices Virginia's Virtual Advance Care Planning Conversations.

Source

[Honoring Choices® Virginia](#)

Links

## **Open Caregiving: Caregiver End of Life Resources**

Source

[Open Caregiving: Caregiver End of Life Resources](#)

Links

## **CaringInfo (National Hospice and Palliative Care Organization)**

Source

[CaringInfo \(National Hospice and Palliative Care Organization\)](#)

Links

## **The Conversation Project**

The Conversation Project is dedicated to helping people talk about their wishes for end-of-life care.

Source

[The Conversation Project](#)

Links

## **National POLST: Physician Orders for Life-Sustaining Treatment**

The National POLST Paradigm is an approach to end-of-life planning based on conversations between patients, loved ones, and health care professionals

Source

[National POLST: Physician Orders for Life-Sustaining Treatment](#)

Article

## **Understanding Palliative/Supportive Care: What Every Caregiver Should Know**

What is palliative care and how does it differ from hospice care? Find out more information about what caregivers should know about palliative care.

Source

[Family Caregiver Alliance](#)

Books & Guides

## **Considering Hospice Care: A Discussion Guide for Families**

A [hospice discussion guide from VITAS Healthcare](#) to help you and your loved one make informed decisions about end of life care and options.

Source

[VITAS Healthcare](#)

Links

## [Virginia Association for Home Care and Hospice \(VAHC\)](#)

Source

[Virginia Association for Home Care and Hospice \(VAHC\)](#)

Article

### [End of Life](#)

Hospice care focuses on palliative care or 'comfort care' to ensure a high quality of life for terminally ill.

Source

[Mayo Clinic](#)

Article

### [Debunking the Myths of Hospice](#)

Hospice is a set of services that we all may need someday — if not for ourselves, for our parents. While death is not an option for any of us, we do have choices about the services we use at the end of life

Source

[American Hospice Foundation](#)

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