#### **Hospice Care**

Services related to end-of-life care prescribed for individuals, generally with 6 months or less to live, that can be provided in the home or in a facility. Includes endof-life doula services.

Article

### Virtual Advance Care Planning Conversations from Honoring Choices Virginia

Find out about Honoring Choices Virginia's Virtual Advance Care Planning Conversations. Source <u>Honoring Choices® Virginia</u> Links

#### **Open Caregiving: Caregiver End of Life Resources**

Source Open Caregiving: Caregiver End of Life Resources Links

## CaringInfo (National Hospice and Palliative Care Organization)

Source CaringInfo (National Hospice and Palliative Care Organization) Links

### **The Conversation Project**

The Conversation Project is dedicated to helping people talk about their wishes for end-of-life care. Source The Conversation Project Links

# National POLST: Physician Orders for Life-Sustaining Treatment

The National POLST Paradigm is an approach to end-of-life planning based on conversations between patients, loved ones, and health care professionals

Source

National POLST: Physician Orders for Life-Sustaining Treatment Links

## **ConnectVirginia: Virginia Advance Health Care Directives Registry**

Source <u>ConnectVirginia: Virginia Advance Health Care Directives Registry</u> Article

### Understanding Palliative/Supportive Care: What Every Caregiver Should Know

What is palliative care and how does it differ from hospice care? Find out more information about what caregivers should know about palliative care. Source <u>Family Caregiver Alliance</u> Books & Guides

# Considering Hospice Care: A Discussion Guide for Families

A <u>hospice discussion guide from VITAS Healthcare</u> to help you and your loved one make informed decisions about end of life care and options.

Source <u>VITAS Healthcare</u> Links

# Virginia Association for Home Care and Hospice (VAHC)

Source Virginia Association for Home Care and Hospice (VAHC) Article

#### End of Life

Hospice care focuses on palliative care or 'comfort care' to ensure a high quality of life for terminally ill.

Source Mayo Clinic

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