

## **Intellectual Disability, Other**

Services for persons with intellectual disability (ID).

Article

## **Supporting Daily and Major Life Decisions**

The Arc's Center for Future Planning has created free decision-making resources for people with intellectual and developmental disabilities (IDD).

Source

[The Arc of the United States](#)

Article

## **How to Interact with Someone Who Has a Disability**

Learn appropriate ways to interacting with someone who has a disability and how to help them if needed.

Source

[Sheltering Arms](#)

Books & Guides

## **Emergency Preparedness Toolkit for Young Adults with Intellectual and Developmental Disabilities and their Primary Care Team**

Young adults with intellectual and developmental disabilities (ID/DD) and their parents and/or support persons have unique needs during disasters and emergencies which require additional planning. Many look to their primary care teams to assist them in this planning and during such stressful times.

Source

## **The Arc Virtual Program Library for People with Disabilities**

Find online resources through the ARC's Virtual Program Library for people with intellectual and developmental disabilities and their caregivers. This virtual library is a free hub of on-demand activities.

Source

[The Arc of the United States](#)

Links

## **Easterseals**

Source

[Easterseals](#)

Links

## **The Arc - For people with intellectual and developmental disabilities**

Source

[The Arc - For people with intellectual and developmental disabilities](#)

Article

## **9 Steps to Respite for Family Caregivers of Children and Adults with Intellectual and Developmental Disabilities**

If you are a parent or family member providing support to a child or adult with an intellectual or developmental disability, respite services can provide you with a much-needed break away from your caregiving responsibilities.

Source

[ARCH National Respite Network and Resource Center](#)

Article

## **Virginia Developmental Disability Waiver Redesign**

My Life, My Community supports people with developmental disabilities to live, work, play, and thrive in their communities.

Source

[Virginia Department of Behavioral Health and Developmental Services \(DBHDS\)](#)

Links

## **The Arc of Northern Virginia**

Source

[The Arc of Northern Virginia](#)

Article

## **About Intellectual Disability**

This is a basic informational article on intellectual disability.

Source

[Centers for Disease Control \(CDC\)](#)

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