

Supported Living Services for Adults with Disabilities

Housing programs for adults with developmental disabilities, sensory impairments, physical disabilities or multiple disabilities to live in their own homes or apartments. Residents generally have basic self-help skills and may take responsibility for employing and supervising aides to assist them in meeting their personal needs.

Article

Supporting Daily and Major Life Decisions

The Arc's Center for Future Planning has created free decision-making resources for people with intellectual and developmental disabilities (IDD).

Source

[The Arc of the United States](#)

Links

My Life My Community (MLMC): Independent Housing

Source

[My Life My Community \(MLMC\): Independent Housing](#)

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My Life, My Community

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[My Life, My Community](#)

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Virginia Department of Behavioral Health & Developmental Services: Individual and Family Support Program

Source

[Virginia Department of Behavioral Health & Developmental Services: Individual and Family Support Program](#)

Links

NOVA Housing Resource Guide: Roommate i-Match

Source

[NOVA Housing Resource Guide: Roommate i-Match](#)

Links

Virginia Department of Behavioral Health and Developmental Services: Community Services Boards (CSB's)

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[Virginia Department of Behavioral Health and Developmental Services: Community Services Boards \(CSB's\)](#)

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Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Source

[Virginia Department of Behavioral Health and Developmental Services \(DBHDS\)](#)

Article

My Life My Community

The Virginia Department of Behavioral Health and Developmental Services (DBHDS) provides information and resources for individuals and families preparing to transition to new housing and homes in the community.

Source

[Virginia Department of Behavioral Health and Developmental Services \(DBHDS\)](#)

Showing 1-8 of 8 Results