

## **Independent Living Skills, Disabilities, Sensory**

Programs that assist people with disabilities in learning the basic skills of daily living through individual and group counseling, training and experience coping with life situations - sometimes through the use of assistive devices, special equipment and specialized assistants.

Article

### **[How to Help Someone with Disabilities Live Independently](#)**

Explore ways to support someone with a disability to live on their own.

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### **[National Council on Independent Living \(NCIL\): About Independent Living](#)**

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[National Council on Independent Living \(NCIL\): About Independent Living](#)

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### **[Centers for Independent Living in Virginia](#)**

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### **[National Council on Independent Living \(NCIL\)](#)**

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## **Northern Virginia Resource Center for Deaf and Hard of Hearing Persons**

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## **American Foundation for the Blind (AFB)**

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[American Foundation for the Blind \(AFB\)](#)

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## **American Council of the Blind**

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## **American Speech-Language-Hearing Association**

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[American Speech-Language-Hearing Association](#)

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## **FAQ's about Virginia Relay Services**

The Virginia Relay Service is an important tool for those who are deaf, hard of hearing, blind, deaf-blind or vision impaired. It relays conversations between people who use specialized telecommunication equipment and people who use standard phones.

Source

[Virginia Relay](#)

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