

## **Independent Living Skills, Disabilities, Physical**

Programs that assist people with physical disabilities in learning the basic skills of daily living through individual and group counseling, training and experience coping with life situations - sometimes through the use of assistive devices, special equipment and specialized assistants.

Article

### **How to Help Someone with Disabilities Live Independently**

Explore ways to support someone with a disability to live on their own.

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### **National Council on Independent Living (NCIL): About Independent Living**

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