

Brain Injury

Programs that develop an individually tailored treatment plan that combines the resources of many specialists to help individuals who have been disabled by an acquired brain injury (ABI) or traumatic brain injury (TBI) attain their maximum level of functioning and quality of life. There is generally a focus on vocational skills and community reintegration.

Links

[Living with Traumatic Brain Injury \(TBI\) ~ Model Systems Knowledge Translation Center \(MSKTC\)](#)

Source

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Books & Guides

[Rebuilding Together: A Guide for Caregivers](#)

[Rebuilding Together](#) provides valuable information on brain injury and what caregivers can expect following a brain injury including recovery, rehabilitation, and how to take care of themselves.

Source

[Shepherd Center](#)

Books & Guides

[Future Planning After Brain Injury: A Guide for Family Caregivers](#)

Brain injury can lead to profound changes for individuals and their families. [Future Planning After Brain Injury: A Guide for Family Caregivers](#) can help you, as a family caregiver, to prepare for the best future possible. Show that you care by planning

ahead.

Source

[Archives of Physical Medicine and Rehabilitation \(APMR\)](#)

Links

Brain&Life

Source

[Brain&Life](#)

Article

Concussion Self-Care Tips

Learn about strategies to manage concussion symptoms while at home.

Source

[Sheltering Arms](#)

Links

Community Brain Injury Services - Hampton and Richmond Areas

Source

[Community Brain Injury Services - Hampton and Richmond Areas](#)

Article

Headaches After Traumatic Brain Injury

Learn about headaches after traumatic brain injury including triggers, symptoms, and treatment options.

Links

BrainLine: All about brain injury and PTSD

BrainLine is a national multimedia project offering information and resources about preventing, treating, and living with TBI. BrainLine includes a series of webcasts, an electronic newsletter, and an extensive outreach campaign in partnership with national organizations concerned about traumatic brain injury.

Source

[BrainLine: All about brain injury and PTSD](#)

Links

Constant Therapy

Source

[Constant Therapy](#)

Links

American Syringomyelia & Chiari Alliance Project, Inc.

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[American Syringomyelia & Chiari Alliance Project, Inc.](#)

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