

Spinal Cord Rehabilitation

Programs that provide inpatient and/or outpatient rehabilitation services which may include medical/physical restoration, physical and occupational therapy, training in the use of adaptive equipment, recreational therapy, psychological counseling, patient and family education services, physical and home management assistance, vocational or school reintegration assistance and other supportive services to help individuals who have become disabled by a spinal cord injury recover from their injuries to the extent that is possible and maximize their potential for independent living.

Links

Kakana: Adaptive Fitness and Accessible Workouts

Source

[Kakana: Adaptive Fitness and Accessible Workouts](#)

Links

Rehabilitation - MedlinePlus

Source

[Rehabilitation - MedlinePlus](#)

Article

Video Series: Cultivating Resilience After Spinal Cord Injury

The Christopher & Dana Reeve Foundation) has partnered with [Shepherd Center](#), a private, not-for-profit hospital specializing in medical treatment, research and rehabilitation for people with spinal cord injury to in

Source

[Christopher & Dana Reeve Foundation](#)

Article

Spinal Cord Injury Resources and Factsheets

The Model Systems Knowledge Translation Center (MSKTC) has developed a series of Spinal Cord Injury (SCI) Factsheets on various topics.

Source

[Model Systems Knowledge Translation Center \(MSKTC\)](#)

Article

Maintenance Guide for Users of Manual and Power Wheelchairs

This fact sheet explains the importance of wheelchair maintenance.

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[Model Systems Knowledge Translation Center \(MSKTC\)](#)

Links

Sheltering Arms Physical Rehabilitation and Therapy

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[Sheltering Arms Physical Rehabilitation and Therapy](#)

Links

United Spinal Association

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[United Spinal Association](#)

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Christopher and Dana Reeve Foundation

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Article

NINDS Spinal Cord Injury Information

This article includes an overview of Spinal Cord Injury information, resources, treatment, and research.

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[National Institute of Neurological Disorders and Stroke](#)

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