

Health Care Settings and Providers

Health care services are vital to ensure that you maintain good health and find treatment for various medical concerns. Learn about and find health care providers and services including community health centers, free clinics, community services boards, health departments, and home health agencies.



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Links

Start Your Recovery ~ Virginia Drug and Alcohol Rehab Centers

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[Start Your Recovery ~ Virginia Drug and Alcohol Rehab Centers](#)

Article

10 Tips for Finding the Right Home Care Agency

If you are pursuing home care options for your family, explore these 10 valuable tips for making informed decisions when it comes to finding the perfect home care agency for your loved ones.

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[Today's Caregiver](#)

Links

CDC Plain Language Materials and Resources | Health Literacy

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Links

Disability Information and Access Line (DIAL)

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[Disability Information and Access Line \(DIAL\)](#)

Article

What You Need to Know About Monkeypox

Monkeypox is a rare disease caused by infection with the monkeypox virus. Monkeypox symptoms are similar to smallpox symptoms, but milder, and monkeypox is rarely fatal.

Source

[Centers for Disease Control \(CDC\)](#)

Links

HEAT.Gov - National Integrated Heat Health Information System

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[HEAT.Gov - National Integrated Heat Health Information System](#)

Article

How Extreme Heat Affects the Body After 50

Heat waves are dangerous to everyone, but they pose an even greater risk to older adults.

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[AARP](#)

Article

Long COVID or Post-COVID Conditions

Some people who have been infected with the virus that causes COVID-19 can experience long-term effects from their infection, known as post-COVID conditions (PCC) or long COVID.

Source

[Centers for Disease Control \(CDC\)](#)

Links

Kakana: Adaptive Fitness and Accessible Workouts

Source

[Kakana: Adaptive Fitness and Accessible Workouts](#)

Links

disAbility Law Center of Virginia (dLCV): Vocational Rehabilitation Resources

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