

Staying in My Home

Do you want to stay in your home and age in place? You may need to make home modifications, improve accessibility, or find appropriate assistive devices for your needs. If you are looking for ways to safely stay in your home, the topics below provide information on community services and helpful resources.



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Article

Universal Design Resources

Universal Design (UD) is a strategy for making products, environments, operational systems, and services welcoming and usable to the most diverse range of people possible.

Source

[U.S. Department of Labor: Office of Disability Employment Policy](#)

Links

VisionAware - Accessible Devices for Managing Medications with Low or No Vision

Source

[VisionAware - Accessible Devices for Managing Medications with Low or No Vision](#)

Article

Assistive Devices for People with Hearing, Voice, Speech, or Language Disorders: NIDCD Fact Sheet

This fact sheet from the National Institute on Deafness and Other Communication Disorders (NIDCD) provides information on assistive devices for people with hearing, voice, speech, or language disorders.

Source

[National Institute on Deafness and Other Communication Disorders](#)

Links

DARS - Office for Disability Programs, Personal Assistance Services

Source

[DARS - Office for Disability Programs, Personal Assistance Services](#)

Books & Guides

Retirement and Aging for People with Intellectual, Developmental, and Other Disabilities

The Institute on Community Integration (ICI) at the University of Minnesota has released an Impact feature issue on Retirement and Aging for People with Intellectual, Developmental, and Other Disabilities. This issue of Impact explores aging and retirement and urges policymakers, researchers, and others to create healthy, integrated retirement opportunities for this population. Individual articles

discuss advocacy and equality during and after retirement, critical needs and unanswered questions during retirement, a conversation on aging and disability, and more.

Source

[University of Minnesota Institute on Community Integration \(ICI\)](#)

Article

The ADA and Caregivers: Frequently Asked Questions

The [ADA and Caregivers: Frequently Asked Questions](#) factsheet covers frequently asked questions on the relevance of the Americans with Disabilities Act (ADA) to caregivers.

Source

[ADA National Network](#)

Links

Home Care Delivered Inc.

Source

[Home Care Delivered Inc.](#)

Books & Guides

AARP HomeFit Guide 2020

The [AARP HomeFit Guide](#) provides smart ways to make a home comfortable and safe for older adults and people of all ages.

Source

[AARP](#)

Article

6 Indispensable Tech Tools for Family Caregivers

Learn about helpful tech tools for family caregivers.

Source

[Caring.com](https://www.caring.com)

Article

Lifeline Support for Affordable Communications

Lifeline helps to overcome the digital divide and make communications services more affordable for consumers.

Source

[Federal Trade Commission](https://www.ftc.gov)

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