### **Staying in My Home**

Do you want to stay in your home and age in place? You may need to make home modifications, improve accessibility, or find appropriate assistive devices for your needs. If you are looking for ways to safely stay in your home, the topics below provide information on community services and helpful resources.



View PDF Links

### National Resource Center for Supported Decision Making

Source

National Resource Center for Supported Decision Making Books & Guides

# Finding a Good Fit: Tips on Hiring Rural Personal Assistants

Learn how to find and hire a personal assistant that can meet your needs.

Source

**UM Rural Institute on Inclusive Communities** 

Article

### **Universal Design Resources**

Universal Design (UD) is a strategy for making products, environments, operational systems, and services welcoming and usable to the most diverse range of people possible.

Source

U.S. Department of Labor: Office of Disability Employment Policy Links

## VisionAware - Accessible Devices for Managing Medications with Low or No Vision

Source

<u>VisionAware - Accessible Devices for Managing Medications with Low or No Vision</u>

<u>Article</u>

# <u>Assistive Devices for People with Hearing, Voice,</u> <u>Speech, or Language Disorders: NIDCD Fact Sheet</u>

This fact sheet from the National Institute on Deafness and Other Communication Disorders (NIDCD) provides information on assistive devices for people with hearing, voice, speech, or language disorders.

Source

National Institute on Deafness and Other Communication Disorders

Links

### <u>DARS - Office for Disability Programs, Personal</u> Assistance Services

Source

DARS - Office for Disability Programs, Personal Assistance Services
Books & Guides

# Retirement and Aging for People with Intellectual, Developmental, and Other Disabilities

The Institute on Community Integration (ICI) at the University of Minnesota has released an Impact feature issue on Retirement and Aging for People with Intellectual, Developmental, and Other Disabilities. This issue of Impact explores aging and retirement and urges policymakers, researchers, and others to create healthy, integrated retirement opportunities for this population. Individual articles discuss advocacy and equality during and after retirement, critical needs and unanswered questions during retirement, a conversation on aging and disability, and more.

Source

<u>University of Minnesota Institute on Community Integration (ICI)</u>
Article

# The ADA and Caregivers: Frequently Asked Questions

The <u>ADA and Caregivers: Frequently Asked Questions</u> factsheet covers frequently asked questions on the relevance of the Americans with Disabilities Act (ADA) to caregivers.

Source

**ADA National Network** 

Links

### **Home Care Delivered Inc.**

Source

Home Care Delivered Inc.

**Books & Guides** 

#### **AARP HomeFit Guide**

The AARP HomeFit Guide provides smart ways to make a home comfortable and safe for older adults and people of all ages.

Source

**AARP** 

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